

A Research on the Levels of Social Anxiety, Self-Esteem and Loneliness Among University Students: An Application at Northern Cyprus

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ABSTRACT This research aims to analyze whether the levels of loneliness, self-esteem and social anxiety vary according to their genders, study years, age groups, number of friends, the persons that the extra time is spent with and their residing place among the students of Northern Cyprus Near East University. UCLA Loneliness Inventory, Self-Esteem and Self-Assessment in Social Situations Inventory were used as data collection tools. It is concluded from the data gathered that loneliness level are high among older students, students with a few friends, fourth year students and students residing away from their families, On the other hand, self-esteem is high and anxiety levels are low among students living together with their families.